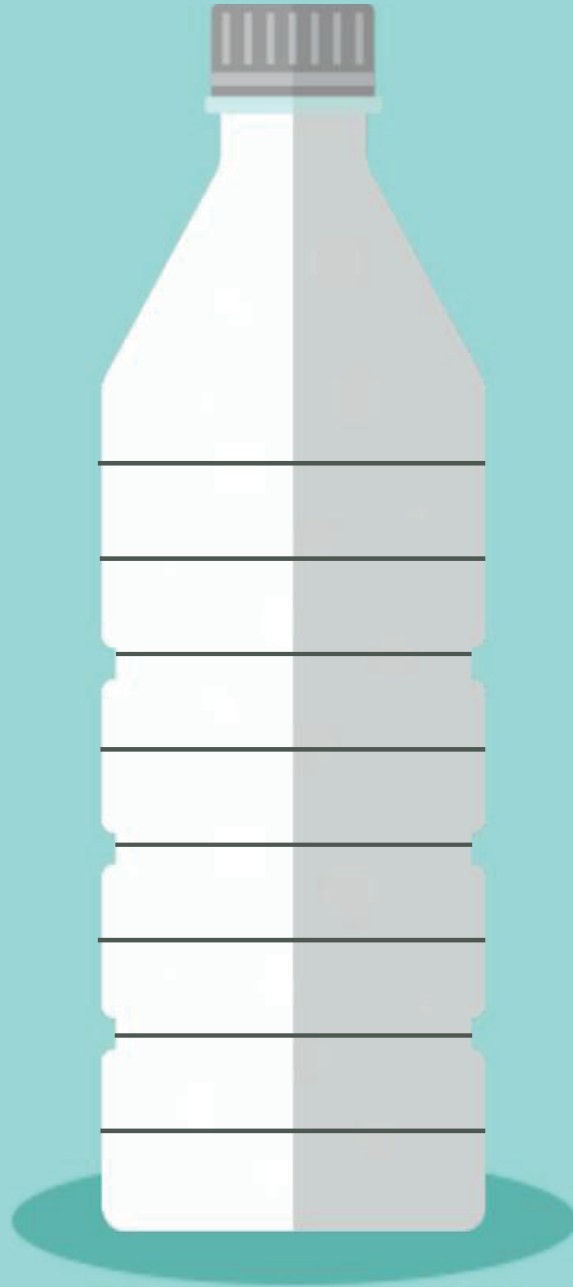




# What is your daily Goal?

Date: \_\_\_\_\_

**OZ**



**Your Goal**

**OZ**



**TerraMes**

**Consumed**

**OZ**